

# State Healthcare Insurance Assistance Programs (SHIPs)



Please click on the name of the SHIP program to access their website

A resource for HCPs and office staff detailing state-specific information about medication access and affordability

A



## Alabama

**Program name:** [State Health Insurance Assistance Program \(SHIP\)](#)

**Phone number:** 1.800.243.5463



## Alaska

**Program name:** [Alaska Medicare Information Office \(SHIP\)](#)

**Phone number:** 1.800.478.6065



## Arizona

**Program name:** [Arizona State Health Insurance Assistance Program \(SHIP\)](#)

**Phone number:** 1.800.432.4040



## Arkansas

**Program name:** [Senior Health Insurance Information Program \(AR SHIIP\)](#)

**Phone number:** 1.800.224.6330

C



## California

**Program name:** [California Health Insurance Counseling and Advocacy Program \(HICAP\)](#)

**Phone number:** 1.800.434.0222



## Colorado

**Program name:** [State Health Insurance Assistance Program \(SHIP\)](#)

**Phone number:** 1.888.696.7213



## Connecticut

**Program name:** [Connecticut Health Insurance Assistance, Outreach, Information and Referral, Counseling, Eligibility Screening \(CHOICES\)](#)

**Phone number:** 1.800.994.9422

List continued on next page



# State Healthcare Insurance Assistance Programs (SHIPs) (cont'd)



Please click on the name of the SHIP program to access their website

A

C

D

F

G

H

I

K

L

M

N

O

P

R

S

T

U

V

W

D



## Delaware

**Program name:** [Delaware Medicare Assistance Bureau \(DMAB\)](#)  
**Phone number:** 1.800.336.9500



## District of Columbia

**Program name:** [Health Insurance Counseling Project \(HICP\)](#)  
**Phone number:** 1.202.727.8370

F



## Florida

**Program name:** [Serving Health Insurance Needs of Elders \(SHINE\)](#)  
**Phone number:** 1.800.963.5337

G



## Georgia

**Program name:** [Georgia State Health Insurance Assistance Program](#)  
**Phone number:** 1.866.552.4464



## Guam

**Program name:** [Guam Medicare Assistance Program \(GUAM MAP\)](#)  
**Phone number:** 1.671.735.7415

H



## Hawaii

**Program name:** [Hawaii State Health Insurance Assistance Program \(SHIP\)](#)  
**Phone number:** 1.888.875.9229



# State Healthcare Insurance Assistance Programs (SHIPs) (cont'd)



Please click on the name of the SHIP program to access their website

I



## Idaho

**Program name:** [Senior Health Insurance Benefits Advisors \(SHIBA\)](#)  
**Phone number:** 1.800.247.4422



## Illinois

**Program name:** [Senior Health Insurance Program \(SHIP\)](#)  
**Phone number:** 1.800.252.8966



## Indiana

**Program name:** [State Health Insurance Assistance Program \(SHIP\)](#)  
**Phone number:** 1.800.452.4800



## Iowa

**Program name:** [Senior Health Insurance Information Program \(SHIIP\)](#)  
**Phone number:** 1.800.351.4664

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## Kansas

**Program name:** [Senior Health Insurance Counseling for Kansas \(SHICK\)](#)  
**Phone number:** 1.800.860.5260



## Kentucky

**Program name:** [State Health Insurance Assistance Program \(SHIP\)](#)  
**Phone number:** 1.877.293.7447

L



## Louisiana

**Program name:** [Senior Health Information Program \(LaSHIP\)](#)  
**Phone number:** 1.800.259.5300

A

C

D

F

G

H

I

K

L

M

N

O

P

R

S

T

U

V

W



# State Healthcare Insurance Assistance Programs (SHIPs) (cont'd)



Please click on the name of the SHIP program to access their website

M



## Maine

**Program name:** [Maine State Health Insurance Assistance Program \(SHIP\)](#)  
**Phone number:** 1.800.262.2232



## Maryland

**Program name:** [State Health Insurance Assistance Program \(SHIP\)](#)  
**Phone number:** 1.800.243.3425



## Massachusetts

**Program name:** [Serving the Health Insurance Needs of Everyone \(SHINE\)](#)  
**Phone number:** 1.800.243.4636



## Michigan

**Program name:** [Michigan State Health Insurance Assistance Program \(SHIP\)](#)  
**Phone number:** 1.800.803.7174



## Minnesota

**Program name:** [Minnesota Senior LinkAge Line](#)  
**Phone number:** 1.800.333.2433



## Mississippi

**Program name:** [State Health Insurance Assistance Program \(SHIP\)](#)  
**Phone number:** 1.844.822.4622



## Missouri

**Program name:** [Missouri State Health Insurance Assistance Program \(SHIP\)](#)  
**Phone number:** 1.800.390.3330



## Montana

**Program name:** [Montana State Health Insurance Assistance Program \(SHIP\)](#)  
**Phone number:** 1.800.551.3191

A

C

D

F

G

H

I

K

L

M

N

O

P

R

S

T

U

V

W



# State Healthcare Insurance Assistance Programs (SHIPs) (cont'd)



Please click on the name of the SHIP program to access their website

A

C

D

F

G

H

I

K

L

M

N

O

P

R

S

T

U

V

W

N



## Nebraska

**Program name:** [Nebraska SHIP](#)  
**Phone number:** 1.800.234.7119



## Nevada

**Program name:** [Nevada Medicare Assistance Program \(MAP\)](#)  
**Phone number:** 1.800.307.4444



## New Hampshire

**Program name:** [New Hampshire ADRC - State Health Insurance Assistance Program \(SHIP\)](#)  
**Phone number:** 1.866.634.9412



## New Jersey

**Program name:** [State Health Insurance Assistance Program \(SHIP\)](#)  
**Phone number:** 1.800.792.8820



## New Mexico

**Program name:** [New Mexico ADRC - State Health Insurance Assistance Program \(SHIP\)](#)  
**Phone number:** 1.800.432.2080



## New York

**Program name:** [Health Insurance Information, Counseling, and Assistance Programs \(HIICAP\)](#)  
**Phone number:** 1.800.701.0501



## North Carolina

**Program name:** [Medicare and Seniors' Health Insurance Information Program \(SHIIP\)](#)  
**Phone number:** 1.855.408.1212



## North Dakota

**Program name:** [State Health Insurance Assistance Program \(SHIP\)](#)  
**Phone number:** 1.888.575.6611



# State Healthcare Insurance Assistance Programs (SHIPs) (cont'd)



Please click on the name of the SHIP program to access their website

A

C

D

F

G

H

I

K

L

M

N

O

P

R

S

T

U

V

W

O



## Ohio

**Program name:** [Ohio Senior Health Insurance Information Program \(OSHIIP\)](#)

**Phone number:** 1.800.686.1578



## Oklahoma

**Program name:** [State Health Insurance Counseling Program \(SHIP\)](#)

**Phone number:** 1.800.763.2828



## Oregon

**Program name:** [Senior Health Insurance Benefits Assistance \(SHIBA\)](#)

**Phone number:** 1.800.722.4134

P



## Pennsylvania

**Program name:** [Pennsylvania Medicare Education and Decision Insight \(PA MEDI\)](#)

**Phone number:** 1.800.783.7067



## Puerto Rico

**Program name:** [State Health Insurance Assistance Program \(SHIP\)](#)

**Phone number:** 1.877.725.4300

R



## Rhode Island

**Program name:** [Rhode Island ADRC - Senior Health Insurance Program \(SHIP\)](#)

**Phone number:** 1.888.884.8721



# State Healthcare Insurance Assistance Programs (SHIPs) (cont'd)



Please click on the name of the SHIP program to access their website

S



## South Carolina

**Program name:** [State Health Insurance Assistance Program \(SHIP\)](#)  
**Phone number:** 1.800.868.9095



## South Dakota

**Program name:** [Senior Health Information and Insurance Education \(SHIINE\)](#)  
**Phone number:** 1.800.536.8197

T



## Tennessee

**Program name:** [State Health Insurance Assistance Program \(TN SHIP\)](#)  
**Phone number:** 1.877.801.0044



## Texas

**Program name:** [Health Information, Counseling, and Advocacy Program \(HICAP\)](#)  
**Phone number:** 1.800.252.9240

U



## US Virgin Islands

**Program name:** [Virgin Islands State Health Insurance Assistance Program \(VISHIP\)](#)  
**Phone numbers:**  
• St. Thomas/St. John: 1.340.774.2991  
• St. Croix: 1.340.773.6449



## Utah

**Program name:** [Senior Health Insurance Information Program \(SHIP\)](#)  
**Phone number:** 1.800.541.7735

A

C

D

F

G

H

I

K

L

M

N

O

P

R

S

T

U

V

W



# State Healthcare Insurance Assistance Programs (SHIPs) (cont'd)



Please click on the name of the SHIP program to access their website

A

C

D

F

G

H

I

K

L

M

N

O

P

R

S

T

U

V

W

V



## Vermont

**Program name:** [State Health Insurance Program \(SHIP\)](#)

**Phone number:** 1.800.642.5119



## Virginia

**Program name:** [Virginia Insurance Counseling & Assistance Program \(VICAP\)](#)

**Phone number:** 1.800.552.3402

W



## Washington

**Program name:** [Statewide Health Insurance Benefits Advisors \(SHIBA\)](#)

**Phone number:** 1.800.562.6900



## West Virginia

**Program name:** [State Health Insurance Assistance Program \(WV SHIP\)](#)

**Phone number:** 1.877.987.4463



## Wisconsin

**Program name:** [State Health Insurance Assistance Program \(SHIP\)](#)

**Phone number:** 1.800.242.1060



## Wyoming

**Program name:** [Wyoming State Health Insurance Information Program \(WSHIP\)](#)

**Phone number:** 1.800.856.4398

For more information regarding SHIP programs, please [click here](#)

This material is provided for informational purposes only, is subject to change, and should not be construed as legal or medical advice. The details concerning SHIP websites and contact numbers are sourced from their official web pages.

Reference: SHIP. Local Medicare help. Accessed May 6, 2025. <https://www.shiphelp.org>

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